


# Rhythm Exercises

Note and Rest Values: ♪, ♪

## Counting Eighth Rests

Eighth rests are counted in the same manner as eighth notes.

1      2      3      4



You may use the symbols + or & to represent the word *and*.

$\frac{4}{4}$  ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ |

1 and 2 and 3 and 4 and      1 + 2 + 3 + 4 +

or      ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ |

1 & 2 & 3 & 4 &

Basic drills: Eighth notes and eighth rests in  $\frac{4}{4}$  time.

$\frac{4}{4}$  ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ |

1 + 2 + 3 + 4 +

$\frac{4}{4}$  ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ |

1 + 2 + 3 + 4 +

$\frac{4}{4}$  ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ |

1 + 2 + 3 + 4 +

$\frac{4}{4}$  ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ |

1 + 2 + 3 + 4 +

$\frac{4}{4}$  ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ |

1 + 2 + 3 + 4 +